



# NOURISH-EQ<sup>®</sup>

A complete all-in-one supplement for all phases of development and performance



**Simplify the feed room...  
Just a cup a day!**

✓✓✓  
**COMPLETE  
FORMULA**

Formulated by  
**Dr Caroline Foote**  
B.Sc.Agr (Hons) M.App.Sc.Ph.D

 **EQUINE**  
CONSULTING · SERVICES



NOURISH-EQ® is a highly concentrated, all-in-one supplement supplying a blend of over 25 essential nutrients to support growth, development, performance and optimal health of horses.



## NOURISH-EQ® supplies...

	IMPORTANCE	NUTRIENT	PER CUP (250g)
Major Minerals	Bone Health	Calcium	19.0 g
		Phosphorus	9.0 g
	Electrolyte Balance	Magnesium	2.5 g
		Sodium	7.5 g
Trace minerals	Cartilage Health	Chloride	12.5 g
		Zinc*	600 mg
		Copper*	250 mg
	Metabolism	Manganese*	320 mg
		Iodine	4.0 mg
Vitamins	Tendon Strength	Selenium	1.0 mg
		Vitamin A	10 000 IU
	Antioxidant Activity	Vitamin D	4 375 IU
		Vitamin E	1 000 IU
	Nerve Transmission	Vitamin K	6.5 mg
		Vitamin B1	75 mg
		Vitamin B2	30 mg
	Blood Formation	Vitamin B6	73 mg
		Vitamin B12	75 µg
	Energy Production	d-Calcium Pantothenate	74 mg
Folic Acid		23 mg	
Niacin		25 mg	
Hoof Health	Biotin	20 mg	
Specialised Additives	Gastrointestinal Health	Bio-Mos®	10 g
		Yea Sacc® TS	2 g
Amino Acids	Muscle and Coat Condition	Protein sources and added amino acids	



NOURISH-EQ® was formulated by Dr Caroline Foote, owner of the Australian-based consultancy, Equine Consulting Services Pty Ltd.

The formulation is the culmination of years of industry experience and research, and is designed to complement typical deficiencies in Australian feeds and forage.



Dr Caroline Foote  
B.Sc.Agr(Hons) M.App.Sc. Ph.D

## Evidence-based nutrition specific to the needs of horses in Australia...

### MUSCLE SUPPORT

High quality protein sources, fortified with amino acids

### SKIN & COAT CONDITION

Protein sources and trace minerals to promote a healthy, glowing coat

### ELECTROLYTE BALANCE

Sodium, chloride and magnesium

### DIGESTIVE HEALTH

A specialised prebiotic and probiotic to promote condition and vitality

### ENERGY PRODUCTION

High concentrations of B Complex Vitamins

### SKELETAL, CARTILAGE AND TENDON HEALTH

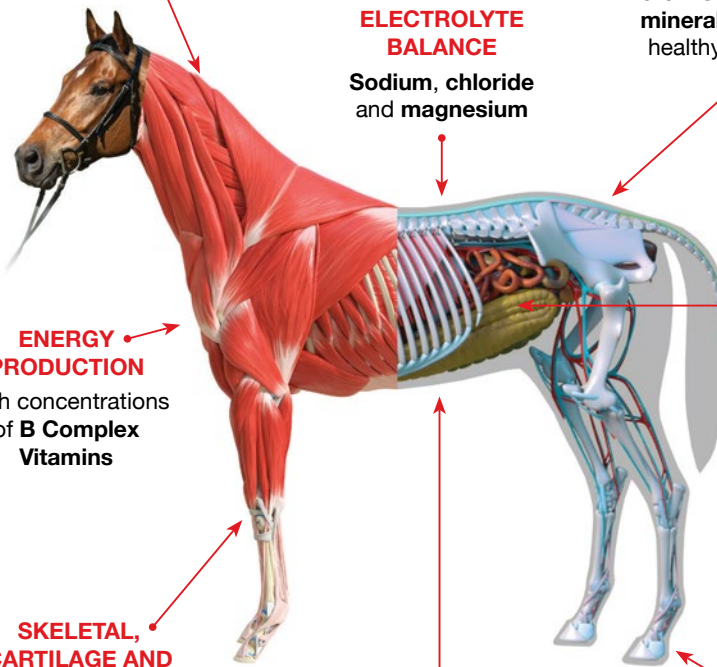
Calcium (from two sources), phosphorus as well as trace minerals zinc, copper and manganese and Vitamins A, D and K important in bone and cartilage health

### EXERCISE & METABOLISM

Iodine, which regulates the metabolic rate. Vitamin E, which plays a role in immune, cardiovascular, neuromuscular and reproductive functions and selenium, important in antioxidant defense, immune function and thyroid hormone production

### HOOF CONDITION

Biotin, reported to result in improvements in hoof quality



## NOURISH-EQ® is suitable for...



Horses in heavy work who have an increased requirement for critical minerals and vitamins as well as gastrointestinal support for optimal performance



Horses spelling and in early training who require additional nutrients for conditioning and skeletal development



Growing horses to enhance the dietary intake of calcium, phosphorus, copper and zinc to support growth and development



Yearlings during sales preparation to promote condition and vitality



Horses mostly resting on pasture or small hand fed rations that may not contain adequate levels of nutrients needed for optimal health and wellbeing




Sick horses or those recovering from injury



Horses with poor hoof condition

### Example Feeding Programs

For horses in work	For “good doing” horses, mostly resting
Simply offer 1 cup Nourish-EQ® per day with suitable concentrates or grain-free options of choice plus vegetable oil and roughage.	Simply offer 1 cup Nourish-EQ® per day with suitable roughage

 For more example feeding programs or tailored nutritional support, please go to [www.nourisheq.com.au](http://www.nourisheq.com.au) or contact [info@nourisheq.com.au](mailto:info@nourisheq.com.au)

**NOURISH-EQ® is available in 7.5kg, 15kg or 20kg sizes**

**NOURISH**  
EQUINE NUTRITION

**Nourish Equine Nutrition Pty Ltd**  
A PO Box 3361, DURAL NSW 2158 AUSTRALIA  
E [info@nourisheq.com.au](mailto:info@nourisheq.com.au)  
W [www.nourisheq.com.au](http://www.nourisheq.com.au)